



Health History

PEDIATRIC (3-17 years)

Last Name: _____ **First Name:** _____ **DOB:** _____

Child lives with: Both parents Mother Father Relative, relationship: _____
 Adopted (year joined family: _____) Foster (year joined family: _____)

Past Medical History: (please mark any that apply and explain)

- | | | |
|---|--|---|
| <input type="checkbox"/> Abdominal complaints | <input type="checkbox"/> Depression | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Sore throat (frequent) |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Ear infections | <input type="checkbox"/> Thyroid |
| <input type="checkbox"/> Asthma / Wheezing | <input type="checkbox"/> Headaches | <input type="checkbox"/> Urinary tract infections |
| <input type="checkbox"/> Cancer (type: _____) | <input type="checkbox"/> Heart condition / Murmurs | |

Explanation/Other: _____

Any serious injuries: Concussions Fractures Other (specify): _____
If any checked, how many: _____ *Age(s) when injured:* _____

Past Surgeries / Hospitalizations: (please list any surgeries or hospitalizations, date, and reason)

| Surgery / Hospitalization | Date | Reason |
|---------------------------|------|--------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |

Medications: (please include over-the-counter, herbal supplements, vitamins, birth control if applies)

No medications at all See attached medications list

| Medication | Dose | How Often |
|------------|------|-----------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |

Allergies: Drug/medication allergies (*please explain below*): No known drug allergies

Explanation: _____

 Animals Food
 Environmental
 No allergies at all

Other providers involved in child's care: (please include dental, therapists, specialists, etc.)

| Name | Specialty | Reason / Last visit |
|------|-----------|---------------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |

Today's Date: _____

Turn over for page 2.

Review of Systems: (please check system(s) and circle the condition(s) that apply today)

- | | |
|--|--|
| <input type="checkbox"/> Breasts: Skin changes, mass, pain, discharge | <input type="checkbox"/> Hematologic: Anemia, easy bruising, bleeding, transfusions |
| <input type="checkbox"/> Ears: Hearing loss, ringing, pain, discharge | <input type="checkbox"/> Lungs: Short of breath, wheeze, cough, asthma |
| <input type="checkbox"/> Eye: Visual change, blurred vision, glasses, redness, pain | <input type="checkbox"/> Mouth / Throat: Sore, hoarseness, cavities, blisters |
| <input type="checkbox"/> Endocrine: Heat/cold intolerance, excessive sweating, frequent urination, excessive thirst, thyroid problems, diabetes | <input type="checkbox"/> Muscles / Bones: Weakness, pain, joint stiffness |
| <input type="checkbox"/> GI: Stomach-ache, nausea, vomiting, diarrhea, constipation, blood in stool, hemorrhoids | <input type="checkbox"/> Neuro: Dizziness, loss of sensation, weakness, tremor, tingling, fainting |
| <input type="checkbox"/> General: Fever, chills, weight change, weakness | <input type="checkbox"/> Nose: Runny, bloody, sneezing, itchy |
| <input type="checkbox"/> Genital: Discharge, sores, itchy, abnormal periods | <input type="checkbox"/> Psychiatric: developmental delays, autism, potty training difficulty, speech, depression, anxiety, attention |
| <input type="checkbox"/> Head: Trauma, concussion, headache | <input type="checkbox"/> Skin: Rash, hair change, nail change, moles |
| <input type="checkbox"/> Heart: Chest pain, murmurs, palpitations, swelling, trouble lying flat | <input type="checkbox"/> Urine: Painful, frequency, discharge, blood |
| | <input type="checkbox"/> Vessels: Leg swelling, painful walking |

Explanation/Other: _____

Family History: (please mark the illnesses/conditions that any members of your family may have/had)

| | Diabetes | Heart Disease | High BP | Stroke | High Cholesterol | Depression/ Mental Illness | Thyroid | Cancer (type) | Other (list) |
|--|---|---|---|---|---|---|---|---|--------------|
| Mother <input type="checkbox"/> Alive <input type="checkbox"/> Deceased | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| Father <input type="checkbox"/> Alive <input type="checkbox"/> Deceased | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| Sibling(s) <input type="checkbox"/> Alive <input type="checkbox"/> Deceased | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | |

Health Maintenance:

Is child up to date with childhood immunizations? Y N Unknown N/A
 If no / unknown, would you like to discuss vaccines that are due today? Y N

Social History:

Parents Marital Status: Married Unmarried Separated Divorced Widowed
 Childcare away from parents: None Relative Nanny Private sitter Daycare
 Does the child attend school: Y N If yes, which grade: _____ Grades in school: _____
 Child's diet is: Excellent Good Fair Poor Special diet (vegan, diabetic, gluten-free)
 Caffeine intake: Y N If yes, amount: _____ Seatbelt or car seat use: Y N
 Pets in the home: Y N If yes, what types _____
 Smoke exposure in the home: Y N CO₂ detectors in the home? Y N
 Guns in the home: Y N Where stored: Inside Outside Locked: Y N
 Bike helmet use: Always Only w/mountain bike or motorized Never
 Bullying: Y N Marijuana: Y N Alcohol: Y N
 Exercise: None Occasional Moderate Heavy Sports: _____
 Working: Y N If yes, type of work: _____ Employer: _____